Bedroom Painting Cheatsheet



STEEL BLUE

Blue is best known for its dramatic effect but at the same time it can also help maintain a cool and calm mood.

ANTWERP BLUE

Blue is naturally soothing however Antwerp Blue is best known for keeping the atmosphere of your room relaxing and reduce anxiety.

SWISS ALMONE

Brown is a natural colour that stimulates a feeling of reliability and concentration. It is capable of keeping the feel warm and homey.

LIGHT GRAV

Gray is a combination of white and black. It is versatile which makes it an excellent pair to a broad type of colours such as taupes and lighter shades of blue. It makes the room look sophisticated and classy.

VANII I A MINT

Green is a refreshing color that signifies life and nature. It can also help relieve stress and increases concentration.

PASTEL YELLOW

Although yellow is associated with sunlight it can surprisingly help spur your nervous system which helps promote relaxation and coziness.

PASTEL GREEN

Green is so profoundly linked with nature. It is oftentimes defined as an invigorating and soothing colour.

GUACAMOLE

Green also possess the feeling of energy. It can help boost your brain in a calm and peaceful way.

Top 10 Best Colour Combo for Bedrooms





Paint Finish That Is Best For Bedrooms

MATTE AND FLAT

Durability: Medium-Low

Recommended to Use:

Highly recommended to bedrooms. It has the most pigment and can provide nice coverage.

Notes & Reminders

EGGSHELL

Durability: **Medium**

Recommended to Use:

This lustrous sheen is capable of covering any wall imperfections.
Eggshell sheen has a minimal gloss finish which makes it easier for you to clean.

Notes & Reminders

SATIN

Durability: **High**

Recommended to Use:

Although Satin finish is categorised along with Eggshell because of their slight luster, it is considered to be slightly more durable and shinier than Eggshell. This finish works well anywhere.

Notes & Reminders

GUIDE: Different Types of Exterior Paints

OIL ENAMEL

Uses: All exterior surfaces.

Cleaner: Penetrol or Mineral spirits

for thinning and cleaning.

Description: More washable. Less durable.

Should only be applied to very

dry surfaces. Glossy.

ACRYLIC SATIN

Uses: All exterior surfaces.

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: Excellent adhesion. Durable.

Dry fast during hot days.



GUIDE: Different Types of Interior Paints

ACRYLIC FLAT

Uses: Ceiling and / or Walls

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: No gloss. Slightly chalky.

Less washable.

ACRYLIC GLOSS

Uses: Woodwork. Trim or Walls. Ceiling.

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: Slightly light. Durable and

washable. Full gloss finish.

ACRYLIC SEMI-GLOSS

Uses: Woodwork and trim or walls

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: Slightly light. Durable and

washable. Increased gloss finish

ACRYLIC EGGSHELL

Uses: Ceiling and / or walls

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: Slightly glossy. Matte finish.

More washable.

ACRYLIC SATIN

Uses: Ceiling and / or walls

Cleaner: Water or Floetrol for thinning.

Soap and water for cleaning.

Description: Slightly glossy. Satin finish.

More washable and durable.

ALKYD GLOSS

Uses: Woodwork. Decorative objects. Trim.

Cleaner: Penetrol or mineral spirits for

thinning and cleaning.

Description: Strong odour. Durable and

washable. Full gloss finish.

Oil-based enamel.

ALKYD SEMI-GLOSS

Uses: Woodwork. Decorative objects. Trim.

Cleaner: Penetrol or mineral spirits for

thinning and cleaning.

Description: Strong odour. Durable and

washable. Satin finish.
Oil-based enamel.

ALKYD FLAT

Uses: Ceiling and / or walls

Cleaner: Penetrol or mineral spirits for

thinning and cleaning.

Description: Strong odour. Durable.

Flat matte finish. Flat-oil.