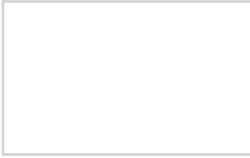






Top 5 Colours To Use In The Kitchen

CABINETS AND DRAWERS	WALLS AND CEILINGS	WINDOWS
 BLUE	 WHITE	 NEUTRAL HUE
 GREIGE	 BEIGE	 SOFT GREEN HUE
 RUSTIC SHADE	 TAUPE	 FOREST GREEN
 UNDERSTATED GREY	 BLUE ARROW	 ROSEWOOD
 CREAM & WHITE	 SEA SALT	 TERRATONE

Kitchen Colours That Can Positively Affect Your Mood

	WHITE: This shade helps boost mental sharpness and brightness of your mind.
	YELLOW: Most of the time this colour makes you feel happy, energetic and optimistic.
	RED: Best choice for kitchen as this shade helps to increase appetite.
	BLUE: This shade promotes balance and maintains peace and harmony.
	GREEN: This is best known for its calming and relaxing effect.

BEST TYPE OF PAINT TO USE IN KITCHEN WALLS

Composition: **Latex Enamel**
Finish: **Satin**

Notes & Reminders

BEST TYPE OF PAINT TO USE IN KITCHEN WINDOWS, TRIM AND CABINET

Composition: **Oil-based / Acrylic Latex**
Finish: **Semi-gloss**

Notes & Reminders

BEST TYPE OF PAINT TO USE IN KITCHEN CEILING

Composition: **Latex Enamel**
Finish: **Flat**

Notes & Reminders

Paint Properties Needed for Kitchen

WALLS (SEMI-GLOSS / SATIN)

For kitchen walls it is best to use a semi-gloss or satin paint finish. This type of finish can handle elbow grease, little water, and soap. Semi-gloss paint is reasonably long-lasting and easy to clean.

WALLS (SEMI-GLOSS / SATIN)

Paint finish used in kitchen ceilings are usually flat. However, choosing an eggshell finish is the best option to achieve a more durable coating that doesn't exaggerate its shininess.

GUIDE: Different Types of Exterior Paints

OIL ENAMEL

Uses: All exterior surfaces.

Cleaner: Penetrol or Mineral spirits for thinning and cleaning.

Description: More washable. Less durable. Should only be applied to very dry surfaces. Glossy.

ACRYLIC SATIN

Uses: All exterior surfaces.

Cleaner: Water or Floetrol for thinning. Soap and water for cleaning.

Description: Excellent adhesion. Durable. Dry fast during hot days.

GUIDE: Different Types of Interior Paints

ACRYLIC FLAT

Uses: Ceiling and / or Walls

Cleaner: Water or Floetrol for thinning.
Soap and water for cleaning.

Description: No gloss. Slightly chalky.
Less washable.

ACRYLIC GLOSS

Uses: Woodwork. Trim or Walls. Ceiling.

Cleaner: Water or Floetrol for thinning.
Soap and water for cleaning.

Description: Slightly light. Durable and
washable. Full gloss finish.

ACRYLIC SEMI-GLOSS

Uses: Woodwork and trim or walls

Cleaner: Water or Floetrol for thinning.
Soap and water for cleaning.

Description: Slightly light. Durable and
washable. Increased gloss finish

ACRYLIC EGGSHELL

Uses: Ceiling and / or walls

Cleaner: Water or Floetrol for thinning.
Soap and water for cleaning.

Description: Slightly glossy. Matte finish.
More washable.

ACRYLIC SATIN

Uses: Ceiling and / or walls

Cleaner: Water or Floetrol for thinning.
Soap and water for cleaning.

Description: Slightly glossy. Satin finish.
More washable and durable.

ALKYD GLOSS

Uses: Woodwork. Decorative objects. Trim.

Cleaner: Penetrol or mineral spirits for
thinning and cleaning.

Description: Strong odour. Durable and
washable. Full gloss finish.
Oil-based enamel.

ALKYD SEMI-GLOSS

Uses: Woodwork. Decorative objects. Trim.

Cleaner: Penetrol or mineral spirits for
thinning and cleaning.

Description: Strong odour. Durable and
washable. Satin finish.
Oil-based enamel.

ALKYD FLAT

Uses: Ceiling and / or walls

Cleaner: Penetrol or mineral spirits for
thinning and cleaning.

Description: Strong odour. Durable.
Flat matte finish. Flat-oil.